

AUSTRIAN KIDS OPEN 2018: Figures 10 and under:

1. RIO VARIANT: From a **Back Layout Position** a **Tub Position** is executed. One leg is lifted into a **Surface Flamingo Position**. The bent knee is straightened to a **Surface Ballet Leg Double Position**. Maintaining the legs vertical, the body submerges to a **Submerged Back Pike Position** until the feet are just below the surface.



2. 316 KIPNUS: From a **Back Layout Position**, a partial Somersault Back Tuck is executed until the shins are perpendicular to the surface. The trunk unrolls as the legs assume a **Bent Knee Vertical Position** midway between the former vertical line through the hips and the former vertical line through the head and the shins. A *Vertical Descent* is executed in a **Bent Knee Vertical Position**.



3. PARTIAL SOMERSAULT FRONT PIKE: From a **Front Layout Position** a **Front Pike Position** is executed. Maintaining this position, the body somersaults forward around a lateral axis so that the hips replace the head at the one quarter point to assume a **Submerged Ballet Leg Double Position**.



4. SEAGULL VARIANT: From a **Back Layout Position**, a **Tub Position** is executed. It is followed by a rapid partial Somersault Back Tuck until the shins are perpendicular to the surface of the water. The legs are opened rapidly into a **Split Position**. A *Walkout Front* is executed.

